

CAMP MOUNTAIN RUN

2010 LEADER'S GUIDE

*High Adventure Program
July 25th – 31st!*

*NEW!!!
Information on Troop
Totems is found on the
last page!*



Camp Forms Galore!

Bucktail Council, B.S.A

209 First Street
DuBois, PA 15801
Office Phone: (814) 371-5650
Fax: (814) 371-1399
www.bucktail.org

Camp Mountain Run

4980 Mountain Run Road
Penfield, PA 15849
Office Phone: (814) 637-5530
www.campmountainrun.org

WELCOME TO CAMP MOUNTAIN RUN

MISSION STATEMENTS

The purpose of the Boy Scouts of America is to provide an effective program for boys, young men and women to help them develop desirable qualities of character and leadership, to assume the responsibilities of participating citizenship including service to God and Country, and to develop personal fitness.

The mission of Camp Mountain Run is to carry out the mission of the Boy Scouts of America and provide a positive, outdoor learning experience through the methods of Boy Scout camping.

A FEW WORDS TO LIVE BY

Cub Scout Promise

I, _____ promise to do my best, to do my duty, to God and my country, to help other people and to obey the Law of the Pack.

Law of the Pack

The Cub Scout follows Akela. The Cub Scout helps the pack go. The pack helps the Cub Scout grow. The Cub Scout gives goodwill.

Cub Scout Motto

Do Your Best

Scout Oath

On my honor I will do my best to do my duty to God and my country and to obey the Scout Law, to help other people at all times, to keep myself physically strong, mentally awake and morally straight.

Scout Law

A Scout is Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean and Reverent.

Scout Motto

Do a Good Turn Daily

QUESTIONS AND CONCERNS

The Bucktail Council, Camp Administration and Program Staff are here to help you have a pleasant stay at Camp Mountain Run. Please contact the Camp Director, Program Director, or Commissioner if you have any questions, concerns or requests. We will do our best to accommodate you and give you an enjoyable summer camping experience.



PRE – CAMP PLANNING

PRE-CAMP LEADER MEETING

A pre-camp planning session will be held at Camp Mountain Run for Scoutmasters, Cubmasters and Senior Patrol Leaders on Saturday, May 8th. **THIS IS A VERY IMPORTANT MEETING. Your unit will check in much faster when you arrive at camp if someone from your unit attends this meeting.** The gathering will start at 12:00 P.M. at the Dining Hall and will feature Boy Scout, Webelos, Cub Resident and High Adventure break-out sessions. Meet the 2010 CMR Staff during lunch. **You can also bring all of your paperwork and fees and register for camp that day and receive your campsite assignment.**

2010 CAMP DATES

Cub Resident Camp: Thursday 6/24 – Saturday 6/26
Boy Scout Resident Camp Week 1: Sunday 6/27 – Saturday 7/3
Webelos Camp: Tuesday 7/6 – Friday 7/9
Boy Scout Resident Camp Week 2: Sunday 7/11 – Saturday 7/17
Boy Scout Resident Camp Week 3: Sunday 7/18 – Saturday 7/24
Boy Scout Resident Camp Week 4: Sunday 7/25 – Saturday 7/31
High Adventure Camp: Sunday 7/25 – Saturday 7/31

CAMP APPLICATION AND REGISTRATION FEES

To secure a place for you or your unit at camp:

1. Submit the appropriate application:
2. Pay one boy's fee plus \$25 for each additional boy. (The \$25 registration fee is not refundable but it may be transferred to another scout).
3. Pay the remaining boys' fees by the Early Bird deadline.

High Adventure Fees & Due Dates

- By May 2nd Early Bird Fee at \$300 per boy
- May 3rd to May 31st Registration Fee at \$350 per scout

Boy Scout Camp Fees & Due Dates

- By May 2nd Early Bird Fee at \$240 per boy
- After May 2nd Registration Fee at \$290 per scout
- Second week of camp: \$175
- Provisional Campers: \$290

Webelos Camp Fees & Due Dates

- By May 2nd Early Bird Fee at \$160 per boy
- After May 2nd Registration Fee at \$195 per scout

Cub Scout Resident Camp Fees & Due Dates

- By May 2nd Early Bird Fee at \$100 per scout & parent pair
- After May 2nd Registration Fee at \$150 per scout & parent pair
- \$75 for each additional scout or parent (same family)

Units and individual boys may register after May 2nd and come to camp, but they will be required to pay the Full Registration Fee.

Camperships

The Bucktail Council believes that no Scout should be restricted from attending camp because of financial reasons. A Campership Fund has been established to assist in council scouts and families with the cost of camp if necessary. Because a scout is taught to pay their own way in life, we do not grant full Camperships. Each scout is expected to pay for at least part of their camp fee.

Campership applications are available at the Council Service Center or at www.bucktail.org under the camping button. Campership applications are due at the Scout Center by **March 1st, 2010**. Only scouts registered with Bucktail Council may apply.

UNIT LEADERSHIP

Charter Unit (unit provides full time – over 21 – adult leadership)

Cub Scout and Webelos Dens, Packs and Boy Scout Troops attending Camp Mountain Run **MUST** provide full time leadership (over 21 years of age) for your unit. The leadership policy of the BSA states - there must be at least two (2) leaders on all trips and outings. Additional leaders spending the week will be charged \$50.00/week (\$10.00/day) to cover costs. Because of insurance requirements, non-scout children of leaders will not be able to stay in camp.

<u>Boys in camp</u>	<u>Minimal Leadership</u>	<u>Number of leaders at no charge</u>
1 – 8	2	2
9 – 16	2	3
17 – 24	3	4
25 – 32	4	5
40+	5	6

Provisional Campers (another troop provides leadership)

A lone Boy Scout can still attend a week of camp even if leadership from your troop is not possible. Your scout will spend the week with another troop that has the necessary leadership. Leaders are encouraged to contact another troop prior to camp and ask if that troop would be willing to take on a provisional camper. Fee: \$290, \$180 if it is a boy's second week.

CAMPSITE RESERVATION

Every unit has its favorite campsite to stay in. While CMR does try to accommodate campsite preferences, we cannot give every unit its first choice. Units are placed into campsites based on the number of people and the number of sleeping spaces available.

All fully-paid units will be able to request and receive a campsite assignment at the May 8, 2010 Pre-Camp Leader Meeting. Full payment must be made to receive an assignment.

If you would like to reserve a campsite for your unit before the May 8th Leader Meeting, you must be able to pay the full camp fee for the number of scouts and leaders that will fill the site. Units can coordinate registrations with each other in order to have enough campers to fill the site. If your Troop arrives at camp with more Scouts than they are registered for or they arrive with too many Scouts and exceed the maximum number of campers for the site, we reserve the right to switch your campsite.

Campsite Capacities

CAMPSITE	Crows Nest East	Crows Nest West	Cherokee	Algonquin	Mohawk	Blackhawk	Erie	Huron	Shoshone
# OF TENTS	15	15	15	20	15	10	20	13	18
ADIRONDAK	Yes	No	No	Yes	Yes	No	Yes	Yes	No
#OF BUNKS	32	30	30	42	32	20	42	28	36

REFUNDS

Because most of the camp fees are actually spent before your troop arrives in camp, refunds can only be made under the following conditions:

NOTICE!

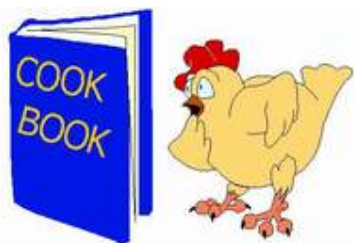
1. **The \$25 reservation fee is non-refundable.**
2. **In cases of death of a family member, sickness and injury, or military transfer we will refund all but \$50.00 of the fees when written notice is received at the council office. Reasons such as vacation schedule, summer school and last minute changes of mind are not acceptable reasons for refunds.**
3. **Camp Mountain Run and the Bucktail Council strive to provide the very best program. Camper cancellations after June 1st undermine our ability to provide this quality program. No refunds will be given after June 1st except for reasons covered above.**



PRE-CAMP SWIM TESTS

Scouts and adults staying at Camp Mountain Run must take a BSA Swim Test to use the pool or the lake. The swim tests are part of the check-in process when your unit arrives at camp. However, to save time, your unit may choose to take your swim tests before coming to camp. Simply take the Pre-Camp Swim Test Form available at www.bucktail.org or the Council Service Center to a public pool and have the test administered by a certified lifeguard. Fill out the roster on the form and have it signed by the lifeguard. Bring the form with you to the pool during check-in and give it to the CMR Aquatics Director. This will speed up the swim test process and your unit will be in and out of the pool in no time.

FAMILY CHICKEN DINNER



The Family Chicken Dinner starts at **6:00 p.m. at the Dinning Hall**. Chicken Dinner tickets for visitors **MUST** be purchased at the Trading Post on the afternoon of Check-in. This will give our cook an accurate count of how much food to prepare. Ticket prices are **\$6.00 for Adults, \$4.00 for Children 11 and under**.

Boy Scout Camp	Fridays: 7/2, 7/16, 7/23, 7/30
Webelos Camp	Friday 7/9
Cub Resident Camp	Saturday 6/26

CAMPFIRES

The Opening and Closing Campfires are an important part of the Summer Camp Experience at Camp Mountain Run. We will start and end your week with an entertaining show of Camp songs, skits and jokes at this summer camp tradition. Bring all your troop's families to enjoy the show.

TRADING POST

Camp Mountain Run operates a fully stocked trading post for the convenience of the scouts and scouters. Items available for sale include merit badge books, handicraft items, scout equipment, pens, paper, assorted toiletries, stamps, T-shirts, candy, juices, soda and ice cream.

QUARTERMASTER

The Camp Mountain Run Quartermaster is well stocked with tools and disposable items that you might need to make your stay more comfortable. However, we do have a limited supply of items so if you have items that you know you will need at camp, plan on bringing them with you.



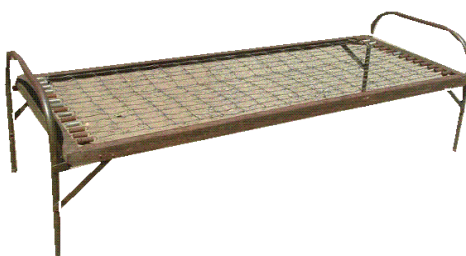
Some of the items in our QM

- Toilet Paper
- Garbage Bags
- Bailer Twine
- Brooms
- Rakes
- Shovels
- Saws
- Hand Axes
- Cooking Gear
- Dutch Ovens
- Fishing Poles
- Frame Packs

BUNKS AND MATTRESSES

Each tent has two army-style cots with metal springs. If you would like to have a more comfortable slumber, please bring a large piece of cardboard, a bed pad or an inflatable mattress to camp.

Leaders can rent a mattress for their stay in camp. Purchase a Mattress Card for \$5.00 at the Trading Post and take the card to the ranger to get your mattress. Return the mattress at the end of the week to get back your deposit. Deposits will not be returned for damaged mattresses.



CAMPSITE SETUP AND GATEWAYS

The camp staff will make every effort to make sure that the campsite is in move-in condition but troops should also expect to find some tents and tarps may have loosened or blown down since the site was last used.

Troops are also encouraged to construct and erect a safe temporary gateway. The entrance to your campsite should keep with the Boy Scouts of Americas heritage of using Scout skills and also being environmentally friendly. All gateways should be removed at the close of your stay at Camp Mountain Run.

CONSERVATION PROJECTS



A complete list of conservation projects is available from the Camp Ranger. Projects completed without approval from the camp Administration may be removed and could result in the troop's dismissal from camp without a refund of fees.

FISHING

Camp Mountain Run has a beautiful stocked fishing pond as well as a lake to enjoy fishing from. Our cooperative hatchery insures that there are always many fish to catch. We ask that you follow a few simple rules so that all may enjoy what we have to offer.

- ✓ Please bring your own fishing poles and tackle. The camp has a limited supply of poles and we cannot guarantee the proper quantity and quality of the gear needed to enjoy the sport.
- ✓ Please do not use any live bait. We stock the pond each spring and we do not wish to introduce any exotic species of fish.
- ✓ **Please use hooks that have had the barbs removed.** This allows the fish to be released effortlessly. This can be easily accomplished by bending the barbs with a pair of pliers.
- ✓ Please practice "catch and release" so that everyone can experience the thrill of the big catch.
- ✓ **Fishing will not be permitted until the catch & release program Monday after dinner.**
- ✓ You must have your CMR Fishing Permit with you to fish in the camp's waters.

MAIL

Mail is picked up and delivered daily to Camp Mountain Run. Incoming mail will be delivered to the Hallstrom Administration Building. Scoutmasters need to stop in daily and check your campsite's mailbox. Outgoing mail can be dropped off in the white box in Hallstrom by 9:00 a.m.

Letters and packages sent to campers should be addressed:

Scout's Name, Troop #, Campsite
c/o Camp Mountain Run
4980 Mt. Run Road
Penfield PA 15849



TROOP TOTEMS

All troops are encouraged to assemble a totem to bring with them to camp. The purpose of the troop totem is to leave a little reminder to the other troops that visit CMR that YOUR troop was here. The specifics of what your totem should be like and how big it can be are provided on the last page of this packet.

Didn't make a totem for this summer? That's OK. We will have some materials available in Handicraft so you can make sure you've left your mark on CMR by the end of the week. See the Handicraft Director during open program.

ADVANCEMENT OPPORTUNITIES

In order for a scout to receive a maximum benefit from his week at camp, he should decide what he wants to do at camp long before he arrives. The adult leadership in the troop should talk with the boys on an individual basis about which merit badges they want to take. Before they make a final decision, they should read the requirements for each badge that they plan to take. Also, keep in mind a boy's physical size and strength. In canoeing for example, he must be able to properly pick up and carry a canoe. It doesn't matter how good he is in the canoe. If he can't carry it, he can't get the badge. A scout takes a merit badge to learn and to develop new skills. Many require prior experience in order for a boy to gain the maximum benefit from the badge. Camping is a prime example. A couple of camporees don't prepare a scout for camping merit badge (that's why 20 days and nights are required). Guide your scouts to take the merit badges in which he will have success. A scout only has one year to be a first year camper.

ORDER OF THE ARROW

Wednesday is O.A. Day at CMR. We encourage everyone in the Order of the Arrow to wear an O.A. t-shirt during the day. Most of the program areas in camp will be closed that evening as the O.A. takes center stage. The Ah'tic Lodge Dance Team will perform at Heritage Circle at 7:30 p.m. At 8:15 p.m., please escort your troop quietly to the Lakefront for the Calling Out Ceremony. We ask that while approaching the ceremony, and during the ceremony, all observe silence. If you need an OA election for your troop, please see the camp's OA serviceman.

TOURNAMENTS

Volleyball, Chess, Checkers and Frisbee Golf tournaments start on Tuesday and continue through the week at camp. Scouts and troops who are interested in competing should sign up at the Hallstrom Administration Building by Monday night. The winners will be recognized at the closing campfire Friday evening.

THURSDAY COOKOUT DAY

Everyone in camp will prepare and serve three meals in their campsite. Camp has some patrol cooking equipment, but you might want to bring your own troop cooking gear. It might also be helpful to bring your troop axes and bow saws.

Everyone must bring his own knife, fork, spoon, cup, plate, and bowl. We will not hand out plastic ware for Thursday meals.



CAMP-WIDE GAME

The Camp-wide Game is a troop competition that tests the physical and mental skills of the scouts. The game takes place Friday afternoon and the winner will be celebrated that evening at the Closing Campfire. Troops are encouraged to participate, not just for the prizes, but for the excitement of the challenge and for the glory of victory. The tasks involved change from year to year, so stay on your toes. You never know what challenges your troop will have to face...and they may not just be on Fridays this summer!

2010 CMR HIGH ADVENTURE

July 25th – July 31st (open to co-ed venture crews)

Exciting Activities. New Challenges. Lasting Memories.

Some of the adventures we'll be taking:

Rock Climbing and Rappelling

Climb and descend spectacular heights in Ohio's State Park.



Aviation

Get real hands-on experience when you take the controls and pilot a training plane with your instructor.

Caving

Just you, a headlamp and your small group journey into the earth with an experienced guide.

Whitewater Rafting

The Youghiogheny River – a premier whitewater destination. 6 man rafts and experienced river guides add up to wet, fast and furious excitement. **Must pass BSA swim test.**



Water Sports

Take on Treasure Lake at high speeds with water skis, or other water sports including tubing. **Must pass BSA swim test.**

High Adventure Camp Fees

- By May 2nd Early Bird Fee is \$300 per boy
- May 3rd to May 31st Registration Fee is \$350 per boy

**Must be 14 years or older.
Spaces extremely limited enroll early.**

No adult leadership is needed. Camp Mountain Run will provide leadership.

High adventure activities are weather dependent. Any activity may be modified, changed or cancelled in cases of inclement weather and/or unsafe conditions.

2010 HIGH ADVENTURE APPLICATION

Bucktail Council -- 209 First Street -- DuBois, PA 15801

TROOP # _____ TOWN _____ COUNCIL _____ COUNCIL# _____

2010 CAMP DATES	FIRST CHOICE	ESTIMATED ATTENDANCE
High Adventure 7/25 – 7/31	WEEK # _____	SCOUTS _____ ADULTS _____
	APPROVED _____ DATE _____	
	SECOND CHOICE	
	WEEK # _____	SCOUTS _____ ADULTS _____
	APPROVED _____ DATE _____	

High Adventure Fees & Due Dates

- By May 8th Early Bird Fee at \$300 per boy
- May 8th to May 31st Registration Fee at \$350 per boy

WE UNDERSTAND AND AGREE THAT:

- ENCLOSED WITH THIS APPLICATION IS A RESERVATION DEPOSIT OF (Circle A,B or C)
 - ONE BOY'S EARLY BIRD FEE Plus \$25 FOR EACH ADDITIONAL BOY PAID BEFORE MAY 8, 2010.
 - EARLY BIRD FEE PAID BY MAY 8, 2010.
 - THE REGISTRATION FEE PAID AFTER MAY 8, 2010.
- SPACE IN EACH WEEK WILL BE HELD BASED ON INDIVIDUAL (TRANSFERABLE, BUT NOT REFUNDABLE) FEES OF \$25 PER SCOUT DUE MAY 2, 2009.
- THE RESERVATION IS NOT VALID UNTIL A CONFIRMATION LETTER HAS BEEN ISSUED BY THE SCOUT SERVICE CENTER.
- A MINIMUM OF TWO QUALIFIED ADULT LEADERS WILL BE IN CHARGE DURING THE ENTIRE PERIOD OF THE UNIT'S STAY AT CAMP. AT LEAST ONE OF THESE LEADERS MUST BE OVER 21; THE OTHER MAY BE A RESPONSIBLE LEADER 18 OR OVER. CMR WILL PROVIDE LEADERSHIP DURING HIGH ADVENTURE CAMP.

Only units attending as a Chartered Unit should submit the reservation deposit. If your unit attends camp with its own full time leadership, the reservation deposit will be applied toward your total camp bill. If you come to camp without the required leadership, you will lose the first \$300 of the reservation deposit. No shows will forfeit their entire deposit.

UNIT CAMPING CONTACT:	OFFICE USE ONLY:
NAME: _____	_____ \$300 _____ \$25 DEP.
ADDRESS: _____	
_____ ZIP: _____	RECEIVE DATE: _____ REC # _____
EMAIL: _____	CONFIRMATION MAILED BY: _____ DATE _____
PHONE: (B) _____ (H) _____	CONFIRMATION PHONE CALL:
SIGNATURE OF UNIT COMMITTEE:	BY _____ DATE _____
_____ DATE: _____	

2010 BOY SCOUT CAMP APPLICATION

Bucktail Council -- 209 First Street -- DuBois, PA 15801

TROOP # _____ TOWN _____ COUNCIL _____ COUNCIL# _____

2010 CAMP DATES	FIRST CHOICE	ESTIMATED ATTENDANCE
Boy Scout 1 6/27 – 7/3	WEEK # _____ SCOUTS _____ ADULTS _____	
Boy Scout 2 7/11 – 7/17	APPROVED _____ DATE _____	
Boy Scout 3 7/18 – 7/24	SECOND CHOICE	
Boy Scout 4 7/25 – 7/31	WEEK # _____ SCOUTS _____ ADULTS _____	
	APPROVED _____ DATE _____	

Boy Scout Camp Fees & Due Dates

- By May 8th Early Bird Fee at \$240 per boy
- After May 8th Registration Fee at \$290 per boy
- Second week of camp (including those attending National Jamboree): \$175
- Provisional Campers: \$290

WE UNDERSTAND AND AGREE THAT:

- ENCLOSED WITH THIS APPLICATION IS A RESERVATION DEPOSIT OF (Circle A, B or C)
 - ONE BOY'S EARLY BIRD FEE PLUS \$25 FOR EACH ADDITIONAL BOY PAID BEFORE MARCH 1, 2010.
 - EARLY BIRD FEE PAID BY MAY 8th, 2010.
 - REGISTRATION FEE PAID AFTER MAY 8th, 2010.
- THE FOLLOWING NUMBER OF LEADERS CAN GO TO CAMP FREE OF CHARGE:
 UP TO 8 BOYS – 2 FREE 9-16 BOYS – 3 FREE 17-24 BOYS – 4 FREE
 25-32 BOYS – 5 FREE **ADDITIONAL LEADERS - \$50 PER WEEK**
- SPACE IN EACH WEEK WILL BE HELD BASED ON INDIVIDUAL (TRANSFERABLE, BUT NOT REFUNDABLE) FEES OF \$25 PER SCOUT.
- THE RESERVATION IS NOT VALID UNTIL A CONFIRMATION LETTER HAS BEEN ISSUED BY THE SCOUT SERVICE CENTER.
- THE 2 DEEP LEADERSHIP STANDARD WILL BE MET DURING YOUR ENTIRE STAY AT CAMP.

Only units attending as a Chartered Unit should submit the reservation deposit. If your unit attends camp with its own full time leadership, the reservation deposit will be applied toward your total camp bill. If you come to camp without the required leadership, you will lose the first \$235 of the reservation deposit. No shows will forfeit their entire deposit.

UNIT CAMPING CONTACT:	OFFICE USE ONLY:
NAME: _____	____ \$175 ____ \$235 ____ \$285 ____ \$25 DEP.
ADDRESS: _____	____ \$50 Extra Leader Fee
____ ZIP: _____	RECEIVE DATE: _____ REC # _____
EMAIL: _____	CONFIRMATION MAILED BY: _____ DATE _____
PHONE: (B) _____ (H) _____	CONFIRMATION PHONE CALL:
SIGNATURE OF UNIT COMMITTEE: _____	BY _____ DATE _____
____ DATE: _____	

UNIT CAMP ROSTER

(Photocopy as needed)

Due at the Pre-Camp leaders' Meeting on May 2nd. !

Unit No. _____

Council _____

Week at Camp _____

Contact Person _____

Day Phone _____

Cell Phone _____

Evening Phone _____

Adult Leadership Please indicate when each leader will be in camp.

1	All M T W Th F Sa	6	All M T W Th F Sa
2	All M T W Th F Sa	7	All M T W Th F Sa
3	All M T W Th F Sa	8	All M T W Th F Sa
4	All M T W Th F Sa	9	All M T W Th F Sa
5	All M T W Th F Sa	10	All M T W Th F Sa

Youth

Name	School District	Name	School District
1		16	
2		17	
3		18	
4		19	
5		20	
6		21	
7		22	
8		23	
9		24	
10		25	
11		26	
12		27	
13		28	
14		29	
15		30	

Camp Mountain Run Pre-Camp Swim Test Form



For troops that take their swim tests prior to arrival at camp.

INSTRUCTIONS

1. Have a qualified Lifeguard or Aquatics Instructor administer the test at your council's camp, local pool, or YMCA.
2. Fill out the swim test information below.
3. List the names of the adults and scouts in the columns according to their tested swimming ability.
4. **Have the test administrator initial & date each column immediately below the last qualified swimmer and sign the bottom of this form.**
5. Bring this form with you for Check-In at camp.

TEST INFORMATION

DATE _____
TIME _____

LOCATION _____
ADMINISTRATOR _____

ADULTS

NON-SWIMMER	BEGINNER	SWIMMER

SCOUTS

NON-SWIMMER	BEGINNER	SWIMMER

I have tested the above individuals using the BSA Swim Test guidelines and verify that each person is capable of his or her listed swimming ability.

Signature of Life Guard _____

Date _____

TRADING POST ADVANCE ORDER FOR **UNITS**

Camp Mountain Run apparel, souvenirs and books.

UNIT LEADER'S NAME: _____ UNIT #: _____

WEEK AT CAMP: _____ HOME COUNCIL: _____

ITEM	QUANTITY	COST	TOTAL
Adult Small T-shirt		\$12.00	\$
Adult Medium T-shirt		\$12.00	\$
Adult Large T-shirt		\$12.00	\$
Adult XL T-shirt		\$12.00	\$
Adult XXL T-shirt		\$13.00	\$
Adult XXXL T-shirt		\$14.00	\$
Camp Mountain Run Camp Patch		\$ 4.49	\$
Merit Badge Book		\$ 4.49	\$
Merit Badge Book		\$ 4.49	\$
Merit Badge Book		\$ 4.49	\$
Merit Badge Book		\$ 4.49	\$
Merit Badge Book		\$ 4.49	\$
Merit Badge Book		\$ 4.49	\$
Merit Badge Book		\$ 4.49	\$
Merit Badge Book		\$ 4.49	\$

GRAND TOTAL	\$
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Complete your order and send the form, along with payment, to the Bucktail Council Service Center by May 8, 2010

Make checks out to Bucktail Council.

Your purchased items can be picked up at the Trading Post upon your arrival at camp.

MEDICATION PERMISSION FORM

(This form must be filled out completely if your child will be taking medication at Boy Scout Camp. Fill out one form for each medication.) Medication cannot be administered if the form is not filled out, signed by a parent or guardian and dated with a current date.

SCOUTS NAME: _____ TROOP/PACK # _____

MOTHERS NAME: _____

PHONE: (H) _____ (B) _____ (C) _____

FATHERS NAME: _____

PHONE: (H) _____ (B) _____ (C) _____

MEDICATION NAME: _____

DOSAGE: _____

FREQUENCY (how often is it given): _____

TIME OR TIMES OF ADMINISTRATION: _____

All medication must be in its original container with the original label fully intact. There should be no hand written changes to the original label. All medication must be current. It cannot be administered if the date on the label is expired. Please check the expiration dates on the medicine label. All medication must be checked into the Health Lodge unless it is an emergency medication for a life threatening disease such as asthma inhalers and epipens for bee sting allergy, which the Scout needs to have with him.

Parent Signature _____

Date _____

Thank you for helping us to make sure your child's stay at camp is
a safe and healthy one.

Camp Mountain Run

2010 Camp Mountain Run

TROOP TOTEMS

➤ **Why make a totem?**

Camp Mountain Run is a place with a long, rich history of outdoor experience for thousands of Scouts that are now spread out across the world. The troop totem commemorates your troop's summer at CMR, and, by hanging in the Dining Hall, it reminds other troops that your troop was here.

Besides, it just sounds fun!

➤ **OK, but what should it look like?**

That's the great part- it can look like ANYTHING!

Well, maybe not ANYTHING, but you're certainly free to get creative with the totem, provided you stay within a few established guidelines. We've included guidelines so that every troop that attends camp has an opportunity to leave their mark without having to worry about whether or not another troop's totem will dwarf their totem. It also helps our staff make sure that your totem stays in good, clean condition for years to come.

➤ **The guidelines:**

- Totems may NOT be larger than 8 inches wide by 8 inches long, or 64 square inches.
- Totems may NOT be deeper than 2 inches- we don't need any 6-foot long monster totems leaning out into our dining area.
- Totems MUST be made on or with a durable material that will hold up to wear and tear. They will be screwed in place, so consideration must be given to a good way of attaching the totem. Good materials to use may include wood, leather, metal, a sewn cloth banner attached to a solid frame or spreader bar, and so forth. Heck, make something with a bunch of different materials!
- Totems MUST clearly display your troop number and hometown. Whatever else you want to include is up to your troop. It might be a good idea to include the summer and week your troop stayed in camp.
- Totems may NOT display images or messages contrary to the Scout Oath and Law.



NOTE: If your troop brings your totem with you on Sunday, you can turn it in when you check-in so we can make sure the totem is hung sometime during the week of your stay. Totems will REMAIN IN CAMP, so don't make it out of materials that you can't leave behind.